



# July

## Recreation Pool Schedule

High Blue Wellness Center's RECREATION POOL is open

**Monday- Friday 5:30am-9:00pm**

**Saturday, 9:00am-7:00pm and Sunday, 11:00am-6:00pm**

Slides, Fountains, & Buckets open at 10:00am Monday thru Friday. Water Features may be closed during classes.

Please notice the scheduled activities below.

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>REC. POOL</u></b>	<b><u>REC. POOL</u></b>	<b><u>REC .POOL</u></b>	<b><u>REC. POOL</u></b>	<b><u>REC. POOL</u></b>	<b><u>REC. POOL</u></b>	<b><u>REC. POOL</u></b>
<p><b>Cardio Circuit</b> 9:00-10:00am</p> <p><b>Swim Lessons</b> Basketball Area &amp; Stair Area 9:30-11:30am</p>		<p><b>Cardio Circuit</b> 6:30-7:30am</p> <p><b>Aqua Fit</b> 8:00-9:00am</p> <p><b>Silver Splash</b> 9:00-10:00am</p> <p><b>Cardio Circuit</b> 10:00-11:00am</p> <p><b>Swim Lessons</b> <b>9:00am-12:00pm</b> Shallow Area</p> <p><b>Belton Summer School</b> <b>12:45pm-2:45pm</b></p> <p><b>Belton Summer Camp</b> 1:00pm-3:30pm</p> <p><b>Swim Lessons</b> Basket Ball Area &amp; Stair Area 5:30pm-7:00pm</p>	<p><b>Aqua Zumba</b> 9:00-10:00am</p> <p><b>Arthritis Aqua</b> 10:15-11:15am</p> <p><b>Swim Lessons</b> <b>9:00am-12:00pm</b> Shallow Area</p> <p><b>9:00am-10:00am</b> Deep Water</p> <p><b>Belton Summer School</b> <b>12:45pm-2:45pm</b></p> <p><b>Swim Lessons</b> Basket Ball Area &amp; Stair Area 5:30pm-7:00pm</p>	<p><b>Cardio Circuit</b> 6:30-7:30am</p> <p><b>Aqua Fit</b> 8:00-9:00am</p> <p><b>Cardio Slam</b> 9:00-10:00am</p> <p><b>Silver Splash</b> 10:00-11:00am</p> <p><b>Swim Lessons</b> <b>9:00am-12:00pm</b> Shallow Area</p> <p><b>Belton Summer School</b> <b>12:45pm-2:45pm</b></p> <p><b>Belton Summer Camp</b> 1:00pm-3:30pm</p> <p><b>Swim Lessons</b> Basket Ball Area &amp; Stair Area 5:30pm-7:00pm</p>	<p><b>Cardio Circuit</b> 9:15-10:15am</p> <p><b>Arthritis Aqua</b> 10:15-11:15am</p> <p><b>Twist &amp; Shout</b> 11:15-12:00pm</p> <p><b>Swim Lessons</b> <b>9:00am-12:00pm</b> Shallow Area</p> <p><b>9:00am-10:00am</b> Deep Water</p> <p><b>Belton Summer School</b> <b>12:45pm-2:45pm</b></p> <p><b>Belton Summer Camp</b> 1:00pm-3:30pm</p> <p><b>Swim Lessons</b> Basket Ball Area &amp; Stair Area 5:30pm-7:00pm</p>	<p><b>Cardio Circuit</b> 6:30-7:30am</p> <p><b>Aqua Fit</b> 8:00-9:00am</p> <p><b>Silver Splash</b> 9:00-10:00am</p> <p><b>Cardio Slam</b> 10:00-11:00am</p> <p><b>Belton Summer School</b> <b>12:45pm-2:45pm</b></p> <p><b>Belton Summer Camp</b> 1:00pm-3:30pm</p>