

## **Policies and Guidelines**

- Children 3 months to 10 years are allowed to visit.
- High Blue Wellness Center reserves the right to remove children who are perceived to pose a danger to themselves or others.
- Each child must have an information card on file before they can be left in the Kid's Corner.
- The parent must sign their full name and child's name for each visit.
- If someone other than the parent is bringing the child to Kid's Corner there must be written permission on the information card from the child's parent.
- Parents must remain in the Wellness Center. If you are utilizing the outdoor track you must leave your cell phone number.
- There is a two-hour time limit for a child's stay in Kid's Corner. Please
  pick up your child on time. If pick-up time is more than 5 minutes past
  the hour, you will need to pay for another hourly visit.
- The same parent/guardian must sign in the child in and out of the Center. A photo ID of the parent or guardian is required for Center use and parents/guardians must comply with the drop off nametag procedure. All children are required to have a "drop off nametag." The Drop Off nametag should have the child's name and the Parent/Guardian name on it.
- · All belongings must be labeled with the child's name.
- Parents are responsible for changing diapers. Diapers must be changed in restroom or locker room facilities.
- Children should use the restrooms, or have diapers changed, prior to check-in. If a child must use the restroom or require a diaper change during their stay, you will be paged to assist the child. Center employees will not change diapers and/or administer medicine.
- Parents will be called if child cannot be comforted following extensive crying.
- Appropriate dress, i.e., shirts and shoes are required.
- Drinks must be enclosed in a plastic container.
- In order to ensure the safety of the children, parents must abide by our Sick Child Policy. Children who exhibit symptoms such as severe headaches, severe coughing, difficult or rapid breathing, yellow skin or eyes, pinkeye, unusual spots or rashes, sore throat, vomiting more than once, severe itching of the body or scalp and fever of 100 degrees or more, are not permitted in Kid's Corner.
- Reservations are recommended to ensure a spot in Kid's Corner. If a reservation is made and there is a no-show, we reserve the right to refuse future reservations.